

Trial of Void with a Supra Pubic Catheter

Once you start to feel like you can pass urine in the normal way then do so. When you have finished it is IMPORTANT to also empty what urine is left in your bladder via the catheter.

Once you notice that the amount of urine you pass normally is greater than the amount of urine that is coming out of the catheter then you should start filling in the catheter diary chart. You will need a measuring jug for this. You may do this sometimes-just once a week – your nurse will advise you.

Once the amount you empty from the catheter is less than **100mls** (after you have passed urine normally) you may be able to reduce the number of times per day that you empty via the catheter – after discussing this with your nurse/doctor.

Your nurse/doctor will advise you **when to reduce** the number of times each day to empty via your catheter.

Once the amount of urine coming out of the catheter is

Less than _____ mls.	Use the catheter _____ per day.
Less than _____ mls.	Use the catheter _____ per day.
Less than _____ mls.	Use the catheter _____ per day.

Record the amount in the catheter diary chart, it is important to keep an accurate record. Once the bladder function returns to normal we may be able to remove the catheter.

If you have any problems or questions contact your nurse on 9540-7540 or 9540-7175.

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